

Elementary Cycle Menu Food Descriptions

Daily offerings:

Sunbutter & Jelly Sandwich- House Made with WG bread, sunbutter, strawberry preserves.

Yogurt Meal-Yami or Chobani Greek yogurt, string cheese, w/WG croissant Monday's, WG soft pretzel Tuesday's and Thursday's, WG bagel w/cream cheese Wednesday's and Friday's.

Deli Hoagie- WG hoagie roll, NNF turkey ham, NNF ham, cheddar cheese.

Vegan Burger- Dr. Praeger's vegan burger on WG vegan bun.

Rice & Beans- Organic brown rice, organic black beans served with tortilla chips.

Cheeseburger- Whole grain bun, 100% beef patty, slice of cheddar cheese.

Orange Chicken- Whole grain coated chicken pieces covered with orange sauce served over brown rice.

Pizza'hoy-Pizza Hut A+ pizza-Whole grain crust, red sauce with no high fructose corn syrup, low-fat mozzarella cheese.

Pizza Gluten Free- Rich's gluten free prebaked crust, Arrezio pizza sauce, Daiya mozz shredded, Hormel uncured pepperoni **Not prepared in a gluten free kitchen.**

French Toast w/sausage- Whole grain French toast, pork sausage links

Walking Taco- Tortilla chips topped with taco meat made with Painted Hills ground beef, shredded cheddar and shredded lettuce.

Vegan Tenders- Dr. Praeger's vegan patty on a whole wheat hamburger bun. V

BBQ Pork Sandwich- House made with shredded pork and bbq sauce on a whole wheat bun.

Spaghetti- Whole grain pasta with Painted Hills ground beef, spaghetti sauce with no high fructose corn syrup.

Hot Dog- Jennio turkey hot dog with no nitrites served on a whole grain bun

Cheese Calzone- House made whole grain dough round filled with mozzarella cheese and pizza sauce with no high fructose corn syrup.

Drumstick- Tyson whole grain breaded chicken drumstick. ABF

Chicken Street Taco- House made with chicken fajita meat, shredded cheddar and shredded lettuce. GF

Lakeable- Whole grain flat bread squares served with individual cupped shredded mozzarella cheese, marinara sauce, 8 slices of beef with pork pepperoni for self-assembly.

Cheese Nachos- Tortilla Chips topped with Land of Lakes nacho cheese sauce. GF

Teriyaki Chicken- Dark meat chicken strips in teriyaki sauce over brown rice. GF

Chicken Wrap- Whole grain tortilla filled with crispy chicken strips, shredded cheddar cheese and shredded lettuce

Stuffed breadstick- Whole grain mozzarella filled breadstick with marinara sauce cup. VEG

Chicken N Waffles- Crispy whole grain coated breast meat chicken strips served with whole grain waffles. ABF

Corn Dog- Whole grain coated chicken hot dog

Ravioli- Whole grain mozzarella filled pasta in marinara sauce. VEG

Chicken Breast Bites- Baked Tyson all white meat chicken (ABF) with whole grain coating and served with organic Annie's cheddar bunnies.

Chicken Burger- Baked Tyson all white meat chicken patty with whole grain coating on a whole wheat hamburger bun. ABF

Mac & Cheese- Land of Lakes reduced sodium Mac & Cheese made with real cheese and whole grain pasta. VEG

Toasted Cheese Sandwich- House made with whole grain bread, American cheese. Soup- Tomato

Fish & Fries- Trident fish nuggets, baked French fries.

“This institution is an equal opportunity provider”