

LOSD Communication: Cases of COVID-19 at: *Lakeridge High School* Date: 4/22/21

Today, we were notified that a person at *Lakeridge High School* has tested positive for COVID-19. This was verified by Clackamas County on 4/22/21. The person was last at the school on 04/19/2021 and 04/20/2021.

As members of the school community, we understand that this might raise concerns alongside a caring response. We are working closely with Clackamas County Public Health to respond to this news.

Each situation calls for different protocols. *In this case, we are taking the following steps:*

1. We are currently working on lists of the identified close contacts of the positive COVID-19 case. If you have been identified as a close contact, you will be contacted by Clackamas County. A close contact is someone who has been within 6 feet of the person who tested positive for longer than 15 cumulative minutes in a day.
2. The school has been following the COVID-19 guidance of 6 feet distancing, wearing face coverings, and washing/sanitizing hands. Due to this, no one in school classes has been considered a close contact.
3. Team sport athletes and students who ride the school bus cannot always maintain 6 foot distancing, so it is possible that they may be considered close contacts.
4. Building areas that may have been affected have been disinfected.

If you test positive for COVID-19, you are ISOLATED:

Isolate at home for **at least** 10 days since the test date (or since symptoms started, whichever is first), and 24 hours fever free, and COVID-19 symptoms are improving.

Student athletes will need a physician clearance to return to play.

[OHA How to Isolate](#)

If you have been identified as a close contact to someone who tested positive for COVID-19, you are QUARANTINED:

Quarantine starts from the last time you were exposed to the person who tested positive.

You have 2 options in Clackamas County:

1. **A 14-day quarantine is required for high-risk exposures in school related settings. Such settings include sports practice, games and travel, certain extracurricular activities, social gatherings, and household exposures.** If you do not develop any symptoms, you would be clear (off quarantine) on day 15. *For example, if you were exposed to someone who tested positive for covid-19 on April 1, your quarantine would last until April 15. You would be off quarantine on April 16.*
2. **A 10-day minimum quarantine is required for low-risk exposures in school related settings. Such settings include classrooms and buses. You should continue to monitor for symptoms during days 10-14.** If you do not develop any symptoms, you would be clear (off quarantine) on day 11. *For example, if you were exposed to someone who tested positive for covid-19 on April 1, your quarantine would last until April 11. You would be off quarantine on April 12. Monitor for symptoms for 4 more days.*
3. **Some counties allow people with no symptoms to test out of quarantine after 7 days. This is not an option for schools in Clackamas County.**

[OHA How to Quarantine](#)

If you have the primary symptoms of COVID-19 after being exposed to someone with COVID-19:

Contact your healthcare provider.

Seek COVID-19 testing.

Isolate at home for at least 10 days since symptoms started, and 24 hours fever free, and COVID-19 symptoms are improving.

For more information: [Planning for COVID-19 Scenarios in Schools](#)

If you have any questions or concerns, please contact:

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