

Together Table Hold My Pouch



Small group or class discussion

- ★ Have you ever entered a cafeteria/classroom/group and not known where to sit? How did you feel?
- ★ How did it feel if/when someone sat with you or invited you to sit with them?
- ★ How did it feel if you sat alone the entire time?



TAKE A SEAT & MAKE A FRIEND

The WHY?!?!

So no one ever sits alone! To end social isolation.

Embrace our differences :). Make sure all of us feels included and accepted.

Sit with someone new you might never have gotten to know, and learn something about them.



Logistics for Wednesday:

- ★ When you enter the cafeteria pick up a table number from an 8th grade leader.
- ★ Find that number on a table and sit there.
- ★ Embrace the experience and have fun with it!
- ★ Listen to music
- ★ Enjoy each other's company
- ★ Chat/Ask questions
 - Find 1 thing you have in common.
 - What is on your bucket list?
 - Talk about someone who inspires you.
 - Create a secret handshake